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# Enhancing Resilience in Youth

#### FOREWORD

### Ricardo Valente Araujo

Representatives of Regional Executive Body

outh is the heart and the backbone of every country. Young people are always on the frontline of every protest and change. Young people are always there to make contributions, to fight, and to bring peace. Growing up in Timor-Leste, a country that has a dark history of colonialism and occupation, I have always believed in the power of togetherness and solidarity. These are the powers that I have always encountered in young people. However, I believe solidarity is not something that we can achieve without endeavor. We should keep our shoulders to the wheel to build solidarity. Not to mention we should be aware of with whom we stand in solidarity. In this regard, AYF believes solidarity is a value owned by the organization and our solidarity is built under a sense of fate and responsibility for the community, especially for marginalized, minority, vulnerable groups of people, and those who suffer from natural disasters, social disasters, and armed conflicts in the ASEAN region.

It's important for me to mention solidarity as it's a critical part that contributes to enhancing resilience, moreover, in the time of pandemic crisis where for the past two years we have been forced to face it. Young people are often associated with the future, but I believe we are also the present. As we can't ignore the present to build the future. And in the present crisis, resilience is needed more than ever. It gives us strength and hopes to overcome hardship. In enhancing resilience, solidarity would contribute to strengthening our resilience itself. On top of that, to remind us not to leave the marginalized and overlooked communities behind in those efforts. The strategies initiated by AYF in this report are part of our fight to contribute to the resilience and solidarity in our region. It took shape in different ways and forms that vibrated the creativity and hope of young people.

Ricardo Valente Araujo

A luta continua.



"Young people are often associated with the future, but I believe we are also the present. As we can't ignore the present to build the future. And in the present crisis, resilience is needed more than ever."

Ricardo Valente Araujo

# **Towards Youth-**Driven Regional Development

MESSAGE

#### Fatimah Zahrah

Regional Coordinator

ver the years, the ASEAN Youth Forum (AYF) has embodied the spirit of collective progress and resilience within the ASEAN community. As we navigate the tumultuous period of 2020-2021, a year marked by unprecedented challenges, the inexorable COVID-19 pandemic, but also one distinguished by the enduring spirit and resilience of our region's youth.

Amidst the challenges posed by the pandemic, the AYF's unwavering commitment to fostering solidarity and justice stands as a testament to the resolute spirit of our youth activists in the region. The activities chronicled in this report reflect the resounding call for solidarity and justice reverberating through the heart of the AYF. Despite the adversities imposed by the pandemic, the youth activism highlighted here serves as a beacon of hope, underscoring the commitment of our youth communities to advocate for a more equitable and resilient ASEAN community.

As we navigate the complexities of our times, let this report stand as a testament to the enduring power of youth activism and the pivotal role of solidarity in our collective journey toward a more just and inclusive

Fatimah Zahrah



"Despite the adversities imposed by the pandemic, the youth activism highlighted here serves as a beacon of hope, underscoring the commitment of our youth communities to advocate for a more equitable and resilient ASEAN community."

Fatimah Zahrah

# About ASEAN Youth Forum

he ASEAN Youth Forum (AYF) started out in 2009 as a movement for the young people in Southeast Asia to create a better regional community. From 2009 to 2013, the movement has produced statements and recommendations for ASEAN to be more inclusive and rights-based. In 2014, under the guidance of the Yangon Declaration (2014), the movement transitioned from a group making statements

and recommendations to the development of strategies for a youth-driven regional community. In 2019, AYF became fully institutionalized as a legal association with a secretariat based in Jakarta, Indonesia. Ever since the movement started, AYF has been organizing annual forums which are hosted locally in Southeast Asian countries to gather regional perspectives on youth rights issues.







- Engaging the key actors including civil society, youth-related bodies at national, regional and international levels by holding effective regular dialogue, and expanding influence with other key groups in ASEAN and beyond;
- Strengthening the capacity of agencies/ organizations/networks and other related groups in the region;
- Bringing the youth in the region to take part in the movement towards ASEAN Community Vision 2025.



- To create Southeast Asia where young people live with dignity, free from all forms of discrimination, an area where youth are not an additional group and a pure object of policy but shall also be included in the policymaking process;
- Have space for youth in the context of the policy-making process and to meet youth needs while also giving youth space to build their capacities and opportunities to realize their vision.





Our Basic Principal ♦ Is a youth-based organization that upholds the principles of the Yangon Declaration, solidarity, and equality in the Southeast Asia region and carries out democratic practices, transparency, inclusiveness and accountability, in the process with respect to human rights and non-discriminatory values.



Our Basic Upholding and grounding in the values of non-discrimination, equality, democracy, justice, freedom, human rights, empowerment, sustainability, transparency, accountability, and inclusiveness.

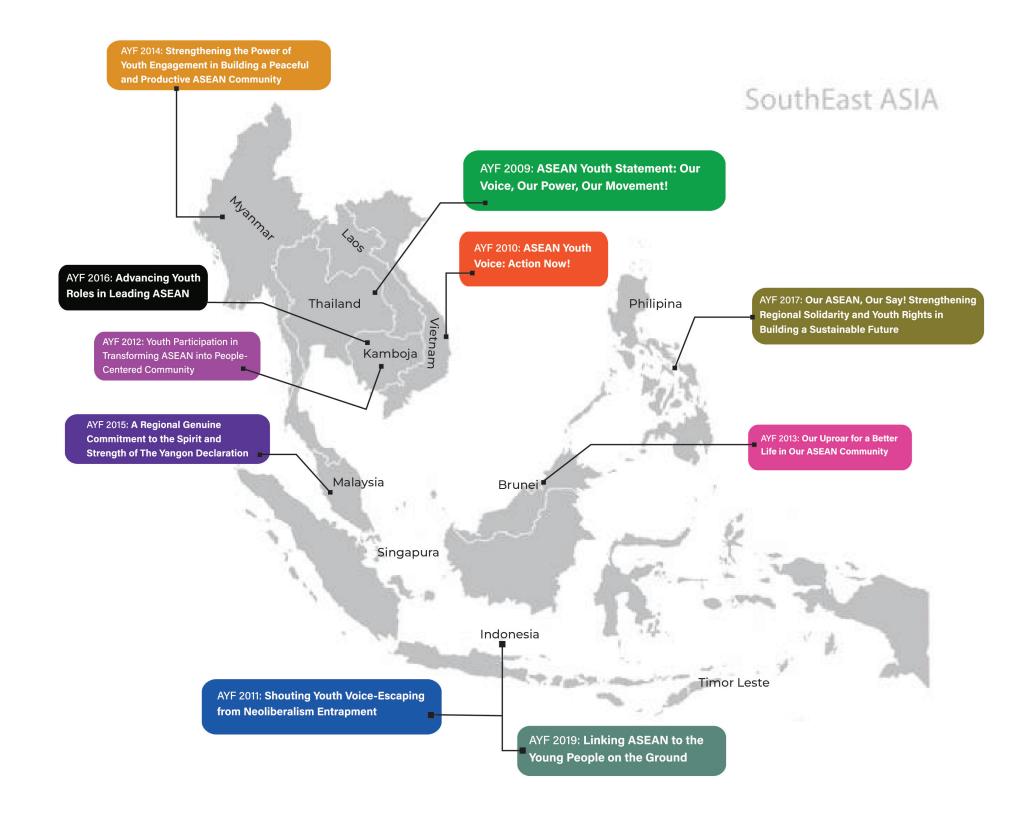
# **ASEAN** Youth-Connectedness



annual regional forum represents and fights for the young people in ASEAN to voice out their concerns and strategies for ways to achieve a better ASEAN. The forum has been a platform for the youth in the ASEAN to raise their voice and claim their rights for a sustainable, inclusive, people-centered, and youthdriven regional community. AYF has been working at the local, national and regional levels.

AYF held an annual and regular solidarity meeting forum of youth civil society organisations in Southeast Asia, which is held as a parallel meeting to the ASEAN People's Forum (APF)/ASEAN Civil Society Conference (ACSC), ASEAN Senior Officials Meeting on Youth and ASEAN Summit. It is a strategic avenue to engage with ASEAN member states and mechanisms. It is also a venue to discuss the issues and concerns of young people in ASEAN and how to address them.

In the last ten years, AYF as a forum has been organized in Thailand (2009), Vietnam (2010), Indonesia (2011), Cambodia (2012), Brunei Darussalam (2013), Myanmar (2014), Malaysia (2015), Cambodia (2016), The Philippines (2017), and Indonesia (2019). It has already involved more than 2,500 young leaders of Southeast





**Snapshot** 2020-2021

Addressed **8 issues** through the **Youth Collective Statement** 2020

Worked with 810 youths in Regional Open Space 2020-2021

Promoted **7** thematic concerns in the annual Collective Youth Statement 2021



Collaborated with **37** organizations across SEA

Worked with 6 young SEA talented curators and 316 young talented SEA artists through YUWANA that produced 6 editions

Conducted 24 advocacy activities at the regional level



Worked with **ten** youths from **FIVE** countries in SAY-HR-SEA

Engaged 231 youths through national open space

Financially supported **7,197** USD to **ten** youth organizations through mini fund for youth

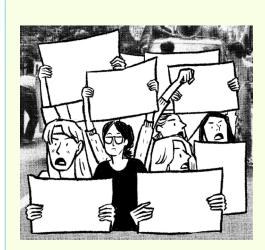
# YOUTH **ADVOCACY**

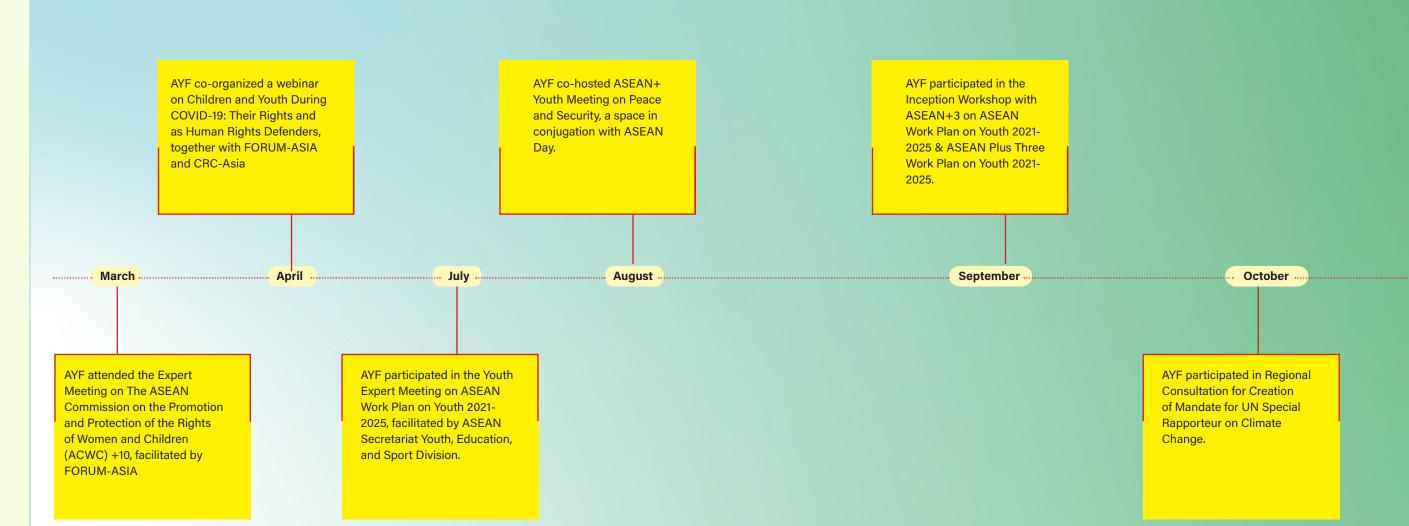
For over a decade, AYF has been advocating for a sustainable, inclusive, people-centered, and youth-driven regional community. In so doing, AYF has been active in multiple regional and international mechanisms in calling for the inclusion of youth in policy-making processes. AYF also puts forward youth perspectives and recommendations to address specific rights issues in front of multiple stakeholders.



# 2020

There are several highlights of youth advocacy in 2020 conducted by AYF, namely: participation in the Youth Expert Meeting on ASEAN Work Plan on Youth 2021-2025, facilitated by the ASEAN Secretariat Youth, Education, and Sport Division, participation in the Inception Workshop with ASEAN+3 on ASEAN Work Plan on Youth 2021-2025 & ASEAN Plus Three Work Plan on Youth 2021-2025, and serving as Regional Steering Committee for ASEAN Civil Society Conference - ASEAN People's Forum (ACSC/APF) 2020 Vietnam.





AYF Secretariat served as
Regional Steering Committee
for ASEAN Civil Society
Conference - ASEAN People's
Forum (ACSC/APF) 2020
Vietnam. Together with one
of AYF's Special Rapporteurs
participated and brought
forward the agenda in Youth
Collective Statement (2020) into
ACSC/APF mechanism.

November

2020

There are several highlights of youth advocacy in 2021 conducted by AYF, namely: participation in the Asia Pacific Forum on Sustainable Development (APFSD) Youth Forum to bring forward the agenda in Youth Collective Statement (2020) into the fora, Formulation of Youth Statement in response to the ongoing Myanmar military coup, Formulation of youth Recommendations on Employment and Entrepreneurship through a Public Dialogue on Inclusive Employment and Entrepreneurship Opportunities for Youth, and hosting the Youth talk on Tackling the Climate Crisis in Building a Sustainable and Resilient Cities for the Future during the 11th World Human Rights Cities Forum.

(8th) Participation to provide intervention and sharing in the 5th ASEAN-China-UNDP Symposium: Enhancing the Roles of Youth in Achieving the SDGs.

April

(29th-30th) Attended the AICHR Forum on The Right to Health and The Rights of Migrant Workers. **(25th-26th)** in collaboration with the Raoul Wallenberg Institute hosted Focus Group Discussions on the topic of human rights and the environment and human mobility due to climate change with youth participants from every country in Southeast Asia.

(15th) hosted a public dialogue in collaboration with Asia Democracy Network and US-ASEAN Youth Council on The Significance of Democracy in Securing Youth Futures through Respect, Protection, and Fulfilment of Human Rights for the release of the Youth Collective Statement 2021.

(4th) In support of the 3rd ASEAN Youth Initiative Empowerment Program 2021 organized by the ASEAN Studies Centre of Universitas Gadjah Mada, moderated the joint communique session which produced a statement that was disseminated to youth organizations across the region

(2nd) AYF together with AYO, AGENDA, and ADF released a Youth Recommendations on Employment and Entrepreneurship through a Public Dialogue on Inclusive Employment and Entrepreneurship Opportunities for Youth.

(1st) Participation in the Finalization Workshop of M&E of ASEAN Work Plan on Youth 2021 -2025, organized by the ASEAN Secretariat.

September

March .....

(14th-16th) Participation in Asia Pacific Forum on Sustainable Development (APFSD) Youth Forum to bring forward the agenda in Youth Collective Statement (2020) into the fora. Output is Asia Pacific Youth Call to Action, read on the UNESCAP site.

(17th-22nd) Participation in the Asia Pacific People's Forum on Sustainable Development (APPFSD) as part of the APRCEM process. Youth from AYF deliver Youth Call to Action on behalf of Youth in the Asia Pacific. Watch here.

(23rd-26th) Representing Youth Constituency with National Campaign on Dalit of Human Rights, India in the APFSD Intergovernmental Fora to deliver a CSO intervention on behalf of Youth Constituency based on Youth Call to Action on Global-Regional-National Link of SDG

(6-15 July) Participation in monitoring the High-Level Political Forum of SDGs virtually.

(5th-8th) Attended intergenerational dialogue between parliamentarians organized by Asian Population and Development Association (APDA), UNFPA Asia-Pacific, and Y-PEER Asia-Pacific Center.

(12th) In collaboration with Skilvul, AYF became one of the Challenge Partners for the #Tech4impact program for software developer students to develop a technological solution to social problems in Indonesia. On July 12th, 2021 AYF provided the challenge under the theme of the right to receive information that is most relevant to youth transition from dependence to full autonomy.

(15th) Participation in the advocacy discussion of The Creation of UN Special Rapporteurs on Climate Change.

(18th) AYF released a Youth Statement in response to the ongoing Myanmar military coup.

(15th-17th) participated in the ASEAN Civil Society Conference/ ASEAN Peoples Forum 2021 (ACSC/APF) under the theme of "Authoritarianism, Militarism, and COVID-19: Challenges for Collective Actions to Address Rising Inequality and Shrinking Civic Space in Southeast Asia" and influenced the outcome document to specify the need for strengthening protection for freedom of expression and free press as well as to provide social protection and equitable access for girls, women and LGBTQIA+ communities who have become more vulnerable to sexual/gender-based violence from the continued effects of the COVID-19 pandemic.

(7th) In collaboration with the Raoul Wallenberg Institute, hosted a Youth talk on Tackling the Climate Crisis in Building a Sustainable and Resilient Cities for the Future during the 11th World Human Rights Cities Forum where youth from Southeast Asia and South Asia presented their recommendations on human rights and climate change.

(12th) Manage AYF Full Circle event as a wrap-up to AYF activities in 2021.

(9th) Hosting ASEAN Youth Meeting on Peace & Security event in collaboration with ASEAN Youth Organization (AYO), IYC4Peace Initiative of International Youth Centre Kuala Lumpur, Asian Youth Peace Network, AsiaTV, and Southeast Asia Young Peacebuilders Organization (SEAYPO)

(2nd-3rd) Representing in the Organization of Persons with Disabilities in Southeast Asia (OPD) coordination meeting to formulate recommendations which are then presented by AYF Youths to the AICHR Consultation Workshop on Achieving a Disability-Inclusive Post COVID-19 World

October

in collaboration with the Raoul Wallenberg Institute started a series of social media campaigns to raise awareness of the interlinkage between human rights and the environment through the #YouthCHERISH Challenge, the creation of social media content pertaining to Right to a Healthy Environment and Safe Water, and a series of interview with Human Rights Expert and Youth Activists surrounding the topic of youth participation in regards to the right to a healthy environment; human rights and climate change in the context of displacement; and COP 26

November

--- December

2021

ASEAN YOUTH FORUM | ANNUAL REPORT 2021

### **SEAYouth Festival**

Since 2020, the annual forum has transformed its model into a festival, making the annual event more exciting and able to reach out to more youths in the region. SEAYouth is an online festival for Young Southeast Asians to come together, empower each other, and voice their concerns about the issues related to the Southeast Asia region. The festival is organized to observe the International Youth Day (August 12) and the World Humanitarian Day (August 19) and consists of a series of open spaces, forums, workshops, and other activities.



Address youth unemployment exacerbated by the pandemic; adopt sufficient safety and health measures to protect all workers from contracting the COVID-19 at the workplace, and implement policies that allow all workers (including migrant workers) to access social security, humanitarian assistance, and emergency relief.

Address educational infrastructure gaps (especially in rural and digitallydisconnected areas) and invest in an inclusive education system for al youth, especially for youth living with disabilities; youth living in poverty; youth in conflict-affected areas; and other marginalized youth.

Reform and repeal rules and regulations which criminalize young people for voicing their opinions and eporting on the COVID-19 situation. Also, repeal regulations in the ASEAN Member States that criminalize and violate the right to freedom of expression, opinion, and the right to information; and create a safe and enabling environment for people to

exercise their rights without fear of

Establish an independent ASEAN Inter-governmental body to uphold and protect the rights of people in migration and handle migration issues, including Refugee and Trafficking, with the right-based approach.

Strengthen political commitments to eliminate gender-based violence

Provide legal foundations community.

### **SEAYouth Festival**

The 2021 event highlighted the 2021 Youth Statement through seven key action plans for AYF and ASEAN policymakers and government leaders as follows:



Sustain and restore peace, fair politics, and democracy in SEA

Developing a specialized policy to exclude the non-interference principle, prioritize provision and distribution of humanitarian aid, creating equal opportunities for marginalized groups.

**Ensure Implementation of Comprehensive Sexuality Education** (CSE) and access to Sexual Reproductive Health Rights (SRHR)

> Revamping teachers' training programs in sex education, allocating resources to establish sexual health centers for youth, organizing national safe sex campaigns for youth, increasing awareness on consent for engaging in sexual activities, and creating or introducing a national policy to guarantee the implementation of CSE and access to SRHR.

Bridge the digital divide in urban and rural areas; protect freedom of expression and right to information for youth

> Boosting internet infrastructure development for adequate access, improving digital literacy for youth and disadvantaged groups, enacting data protection laws, ensuring transparency in the development of national and transnational issues, bridging the gender digital divide, and providing equal online

Ensure decent work, tackle youth unemployment and unemployment due to COVID-19

Determining minimum wage based on the needs of workers and their families, establishing standards for inclusive national employment policies, ramping-up Covid-19 vaccinations, and investing in youth work training programs.

**Support/include youth networks** and organizations in the policymaking process

> Establishing funding opportunities for youth-led initiatives, strengthening privacy laws, providing safe space to encourage and enable youth networks and organizations, ensuring diverse candidates from youth organizations, and extending professional gateway programming for youth.

Support the needs of youth in migration, refugees, asylum seekers, and migrant

> Creating a regional framework that covers protection and access to basic rights for refugees and asylum seekers, consulting with migrant communities for just local labor laws, and improving conditions to adhere to the International Standards of Immigration Detention and Non-Custodial Measures.

Act on the climate emergency, promote ecolifestyles, issue responsible land permits, champion green projects

> Strengthening laws on environmental protection advancing initiatives, and conducting an extensive risk assessment for environmental damage.

and sustainability, promoting a green economy and



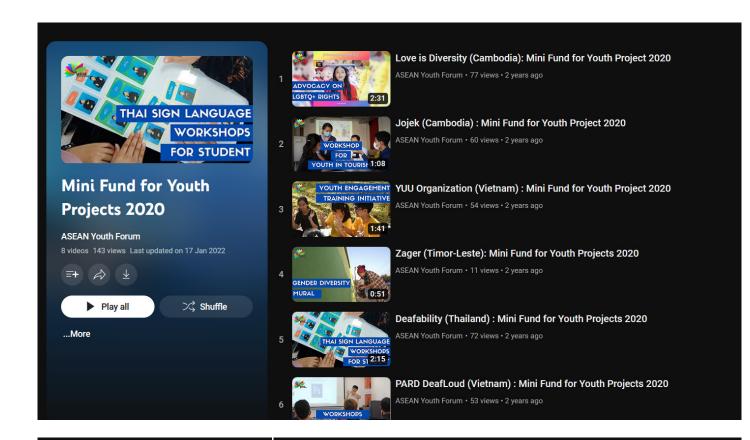
# **PROJECT** HIGHLIGHT



ASEAN YOUTH FORUM | ANNUAL REPORT 2021

### Mini **Fund for** Youth

AYF's Mini Fund for Youth 2020 aims to support right-based & youth-led activism and movements at the national and local levels across countries in Southeast Asia during the coronavirus pandemic. We support programs, initiatives, and activities with underlying values of human rights, democracy, justice, peace, and freedom that target young people aged 15-35 years old. The event was coordinated by Anukriti.





#### Brunei Darussalam

Call for Hope, focusing on the mental series and coalition building.

#### Cambodia

JOJEK, conducting a series of upskilling workshops to help youth gain digital literacy and other skills to help them stay relevant in the job market - be it tourism or any other sector, to respond to the pandemic that hit severely.

#### Cambodia

LOVEISDICERSITY, advocating LGBTQ+ rights in Cambodia through internet activism, supported by the UN Women, working with numerous influencers in the country.

#### Indonesia

North Sumatra Transgender Association (PETRASU), providing capacity building to the selected advocates to be familiar with legal processes such as transitioning with safety and dignity and also maintain the general physical and mental wellbeing of trans people.

#### Thailand

DEAFABILITY, educating deaf children, parents, and teachers in Thai sign language to help them integrate better into the society through distribution of handmade flashcards, conducting workshops streamed the sessions on Facebook for a wider audience to join.

#### The Philippines

TUGON RESCUE, providing water filters and sharing knowledge and experiences on proper hygiene practices and sanitation to communities especially youth living in the slums of Manila.

#### Vietnam

Youth Engagement Training Initiative (YUU), providing capacity building to the passionate young people in Kon Tum- a poor province in Central Vietnam - in community service, civic engagement, and social activity

#### Timor Leste

ZAGER, utilizing arts art as a medium to promote conversations on gender quality and advocacy against gender-based violence through mural painting depicting the issues on public facilities.

#### Vietnam

Psycho-Education and Applied Research Center for the Deaf (PARD), provides sign-language education through workshops and sign-language interpretations for health-related news on social media during the Covid-19 pandemic.

# SAY-HR-SEA

SAY-HR-SEA ((School of Advocacy for Youth on Human Rights in Southeast Asia) is an initiative organized by ASEAN Youth Forum, Plan International Asia Pacific, and ASEAN Intergovernmental Commission on Human Rights (AICHR) Indonesia. The program aims (1) to strengthen the engagement of AICHR with stakeholders and partners, particularly and especially Young Human Right Defender, and (2) to raise the awareness of Young Human Rights Defenders, movements, and organizations about AICHR, and build their capacity in engaging and working with AICHR.



#### In total, there are three main activities:

All about AICHR, which consisted of seminars divided into 3 sessions:

- Regionalism, Human Rights, and AICHR
- Regionalism, Human Rights, and AICHR
- AICHR & People's Engagement

Inclusive Education for Children with Disability by Ruslina (Thailand) & Arie (Indonesia)

Better Education System for The Enforcement of Human Rights by Pascoela (Timor-Leste) and Youth presentation, Nurdinah (Indonesia) where selected youths presented their Freedom of Religion or Belief issues in the ASEAN

Member States by Cessie (Indonesia)

Deprivation of the Right to Life with the Involvement of Illegal Drugs and Political Interventions by Jamber, Marianne, and Aly (The Philippines)

5 Burma: The Story So Far by Min Punia and Thin Thazin (Myanmar)



ideas, proposals, and

recommendations on the

advancement of human

rights in Southeast Asia,

namely:













**Human Rights** Day and **Awareness** Building.

AYF celebrated Human Rights Day by building awareness of human rights among Southeast Asia's youth.

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# YUWANA ZINE

Engagement with six young SEA talented curators and 316 young talented SEA artists resulted in six publications.

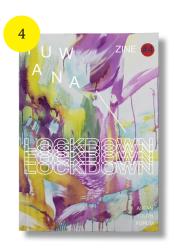


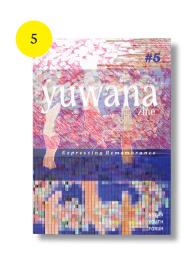














#1 On Feelings

curated by Sita Magfira (Indonesia) #2 Democracy, Voices, and Youth

curated by Nazurah Usop (Brunei) #3 Days of Activism

curated by Alyana Cabral (The Philippines) #4 Lockdown

curated by
Thanchanog Ho Mai
Chin (Singaporebased Thai Artist)

#5 Expressing Remembrance

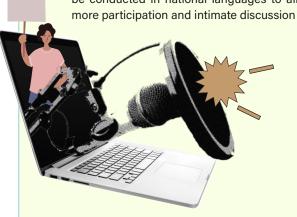
curated by Sofia
Tantono (Indonesia)

#6 Creative and Disruptive Resistance

curated by Elvin Jay (The Philippines) ASEAN YOUTH FORUM | ANNUAL REPORT 2021

#### ASEAN YOUTH FORUM | ANNUAL REPORT 2021 28

Being a platform to accommodate the voices of young Southeast Asians it has always been, AYF conducted periodic National Open Space in each Southeast Asia country that brings diverse topics to the table. It is intended to provide a more inclusive platform, the national open space sessions are to accommodate discussion within each country, meaning it can be conducted in national languages to allow more participation and intimate discussion



#### BATCH 1 Opportunities and Challenges Cambodia of Distance Learning Vietnam Cybersecurity Law Freedom of Expression Indonesia during Election The Impact of Covid-19 on Thailand Sex Workers in Thailand

#### BATCH 2 Debunking the Myths Around Indonesia the Omnibus Law on Job Creation Bill Building a Better Home for Singapore Our Migrant Friends Opportunity for The Youth Timor Leste in ASEAN Agreement The Role of NGOs in Vietnam Handling the Social Issues Women Political Participation Myanmar in Myanmar: Breaking the Glass Ceiling Mental Health and Brunei Employability Youth Readiness for Digital Cambodia Transformation Malaysia

# **National Open Space**





# **Capacity** Building **Series**

AYF provided capacity building series to Southeast Asia's youths in the region during 2020-2021.

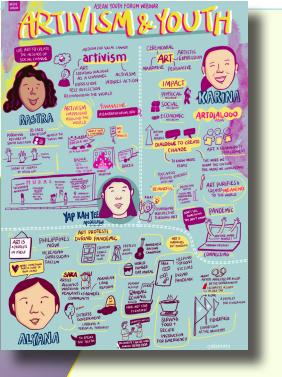
### Workshop on Program/ **Project Design**

The session aimed to facilitate youths to understand the steps of starting and developing a project and comprehend the logical framework and/or the story of change for designing a program.



#### Public Talk on **ARTivism &** Youth

This event provided three resource persons with the model of fireside chat. Rastra Yasland (Indonesia) provided insights into a case study on arts, human rights, and social change, while Karina Jardin (The Philippines) shared the story of art for community-building social change. Alyana Cabral (The Philippines) provided talks on the art of solidarity and sustenance, while Yap Kah Yee (Malaysia) acted as moderator for those three speakers.





#### Workshop on **Digital Security**

workshop provided knowledge and tips on digital security.

# **AYF Regional Executive Body**

2021-2023



#### **Dk Amal Nadiah Pg Hishamuddin Alli** (Brunei)

She is a Director and Operations Executive for Nisai (B) Sdn Bhd, a subsidiary of Nisai Group of the United Kingdom which offers interactive virtual UK-based education globally. She graduated with a Bachelor of Arts with Honours in Sociology-Anthropology from Universiti Brunei Darussalam where during her study, she also has engaged in several cultural exchanges and volunteer works. She is also an artist, illustrator, and Arts and Crafts hobbyist. Her skill is useful in creating and assessing the practicality and aesthetic of visual designs and projects.



Thuon Munny works for an international NGO in Cambodia. Obtaining a degree of Arts in Philosophy, he has robust knowledge and experience in human rights, democratic reform, and youth development. He believes that a positive societal change is starting from the youth.

# **AYF Regional Executive Body**

2021-2023



**Khant Khant Zar Nyi** (Myanmar)

Khant is a master's student studying Social Science (Development Studies). As a Burmese feminist who always speaks up and stands up for justice and human rights in Myanmar, she has solid experience working as a Labor Rights researcher in the Thilawa Special Economic Zone, focusing on the rights of female workers.



**Ridho Maulana Dirgantara** (Indonesia)

Ridho is currently studying economics, psychology, and public policy in the Netherlands. He is passionate about education, diversity, and inclusivity, which brings him now to work in the youth development sector as a Global Engagement Intern at Global Citizen Year, a California-based NGO. He also takes part in the G30: a group of university students who will represent the university during the 30th anniversary of the European Union.

# **AYF Regional Executive Body**

2021-2023



**Phonsanook Vesaphong** (Lao PDR)

Phonsanook Vesaphong is currently the treasurer of the peer-to-peer at American center, a non-profit organization that assists English learning beginners in improving their language skills. She feels that it is important for everyone to be able to have access to education, especially with the future development that requires one to speak a universal language -English. In her free time, she enjoys reading books and watching movies.



**Muhammad Asyraf bin Mustaffa** (Singapore)

Asyraf Mustaffa is currently the Chief Development Officer at Majulah Community, a nonprofit organization with the belief that every youth can change the world. He oversees the development and management of mentors and volunteers and ensures that programs for youths are of impact. He feels that it is important to be creatively critical, coming up with outof-the-box solutions for challenging social issues. In his free time, he enjoys rock climbing and

# **AYF Regional Executive Body**

2021-2023



**Ruslina Muleng** (Thailand)

She perceives herself as an ordinary person who believes in potential ability and seeks betterment. She is living her motto: social engagement and inequality appear to be improved, no one should be left behind and we are all change-makers. Ruslina believes that everyone can build capacity and collaboration to drive social harmony.



Winston C. Gallo (The Philippines)

Winston is a transgender-woman teacher-writer who majored in teaching Social Studies at West Visayas State University and experienced being one of the writers in the College of Education publication-SILAK Media. She is one of the teacher fellows of Teach for the Philippines, and also an activist in LGBTQIA++ rights which lead her to become one of the officers of Ogtonganon Mask Stewards (OMS). She was a fellow for ASEAN Queer Leadership Exchange and the project proponent for Paglaum Mask funded by ASEAN SOFIE Caucus.

# **AYF Regional Executive Body**

2021-2023



#### **Ricardo Valente Araujo**

(Timor-Leste)

Ricardo Valente Arajo (they/them) is a student of International Relations and an activist. They are passionate about queer rights, youth empowerment, and social inclusion. They enjoy listening to podcasts and participating in volunteer work for youth-led initiatives. They believe that putting young people in positions of power will make the world a better place.



#### Pascoela Joana Branco

(Timor-Leste)

Ella a Timorese who currently pursuing her education in the Faculty of Business Accounting and Finance at HELP University. She is passionate about advocating social issues especially human rights and social entrepreneurship and economic development. Besides, she also loves to play sports and musical instruments during my leisure time. Ella is currently involved as an active member in several youth organizations both in the country and the region.

# **AYF Regional Executive Body**

2021-2023



#### **Dinh Duc Nguyen** (Viet Nam)

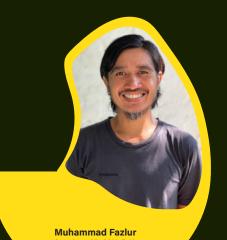
Duc follows the sustainable development field by working in different INGOs and regional movements. With a background in Human Rights and Political Science, he applies the rights-based approach to manage projects of a grassroots foundation in Vietnam. Besides, researching human rights is one of his focuses.

### **AYF Secretariat Staffs**









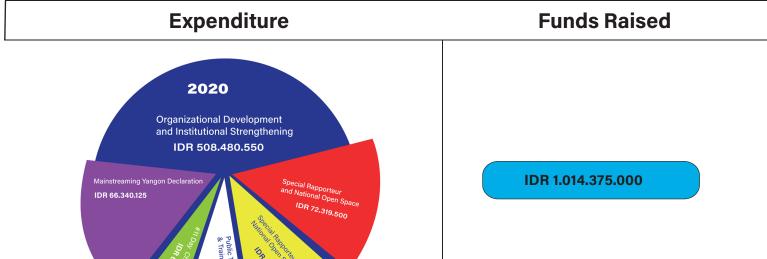


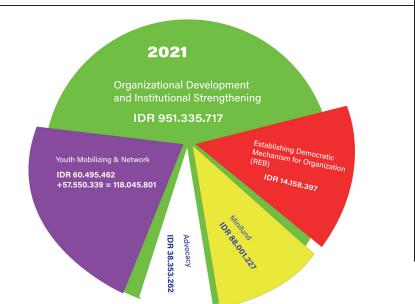


# Finances

2020

2021





IDR 1.046.250.000



AYF is grateful to the organizations that have supported our work in 2020-2021. The organization will carry on promoting human rights for youth and effective cooperation with all stakeholders.



### **Our Partner**

We cannot carry out our work without support and contributions from individuals, foundations, governments, and other institutions. AYF teams up with organizations and nonprofits with shared objectives to make our respective strengths, expertise, and resources go further

CUSEAS
Forum ASIA
Transcultural Psychosocial Organization
Global Shapers
ASEAN Business Youth Association
Pamflet Indonesia

PLAN International



#### Please Get in Touch

ASEAN Youth Forum (AYF) Secretariat
Jalan Duren Tiga Barat VI. No. 36, Jakarta Selatan
Jakarta, Indonesia 12760
secretariat@aseanyouthforum.org

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